## El Mirage Senior Center Activities – August 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2		4		5 6
Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed
	9 10	11	12	2 13
Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed
1	6 17	18	19	20
Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed	Senior Center Closed
**Welcome Back** 2: 8:00 Coffee & News 9:00 Dominoes 10:00 Zoom Tai Chi 11:00 Lunch 12:00 Wii Bowling	8:00 Coffee & News 9:00 Uno 10:00 Zen Coloring Pages 11:00 Lunch 12:00 Bingo	8:00 Coffee & News 9:00 Table Games 10:00 Zoom Fitness Fun w/Zoe 11:00 Lunch 12:00 Suduko &  Word Searches	8:00 Coffee & News 9:00 Beading 10:00 Minute to Win It Games 11:00 Lunch 12:00 Table Games	8:00 Coffee & News 9:30 Cardiovascular Disease Prevention (ZOOM class) 10:30 Mancala 11:00 Lunch 12:00 Guided Meditation
8:00 Coffee & News 9:00 Rummikub 10:00 Zoom Tai Chi 11:00 Lunch 12:00 Wii Bowling	8:00 Coffee & News 9:00 Vision Boards 10:00 YMCA Enrollment 11:00 Lunch 12:00 Bingo		YES! Word RE-OPENING	El Mirage Senior Center 14010 N. El Mirage Rd. El Mirage, AZ 85335 623-876-4232 Hours: 8:00am to 1:00pm